



# KINDNESS WEEK BINGO CARD



Complete as many acts of kindness as you can as part of your group. Remember, it is not a race!  
The more meaningful the act, the better.

<b>CLAP A BUSKER AFTER A SONG</b>	<b>HOLD THE DOOR OPEN FOR SOMEONE</b>	<b>PICK UP 10 PIECES OF RUBBISH</b>	<b>GIVE A HOMELESS PERSON CHANGE</b>
<b>HELP SOMEONE WITH THEIR BAGS</b>	<b>PAY SOMEONE A COMPLIMENT</b>	<b>THANK SOMEONE FOR THEIR SERVICES</b>	<b>LISTEN TO AND TAKE A FLYER FROM SOMEONE</b>
<b>GIVE SOMEONE DIRECTIONS</b>	<b>PAY FOR SOMEONE ELSE'S COFFEE</b>	<b>SMILE AT PEOPLE AND MAKE EYE CONTACT</b>	<b>GIVE OUT CHOCOLATE/FOOD/WATER (SOMETHING COVID SAFE)</b>
<b>DONATE SOMETHING TO A CHARITY SHOP OR RSPCA</b>	<b>BUY A COFFEE AND PAY IN ADVANCE FOR A CUP TO BE GIVEN TO SOMEBODY ELSE</b>	<b>LEAVE A POSITIVE REVIEW ON A LOCAL BUSINESS' GOOGLE PAGE</b>	<b>LET SOMEONE GO AHEAD OF YOU IN LINE</b>
<b>LEAVE AN INSPIRATIONAL NOTE ON SOMEONE'S CAR WINDOW</b>	<b>ASK A SENIOR ABOUT THEIR PAST</b>	<b>CALL A FAMILY MEMBER OR OLD FRIEND TO SAY HELLO</b>	<b>MAKE SOMEONE SMILE OR LAUGH</b>